Comprehensive Cancer Wellness Program Information Package

Intensive Signature Program Integrated into the Hippocrates Health Institute’s Life Transformation Program

A state of the art Comprehensive Health and Wellness Education Program for Integrative Oncology to support individuals making lifestyle modifications for optimizing health in getting well and staying well.
CCWP Benefits

- Personal empowerment with increased energy and vitality, positive expectancy, confidence and optimism
- Strengthen confidence in your decision to do what you understand to do to get well and stay well and live a long happy, healthy and awesome life
- Personalized instruction by Dr. Janet Hranicky in her pioneering research in PsychoNeuroImmunology and Cancer which includes her advanced program: “The Power of the Mind in Getting Well”
  - Full complimentary access to her audio series, video series and eWorkbooks through her online program
- Develop healthy lifestyle choices in nutrition and fitness to optimize your health and become an expert in the renowned Hippocrates’ Living Raw Food program with exclusive CCWP sessions with Dr. Brian Clement and Dr. Anna Maria Gahns-Clement
  - Detox to Regenerate Your Energy and Vitality
- Receive a Mini Vitamin C IV, which research has shown helps to boost the immune system and assist in tissue repair
- Enjoy the detoxification support and cleansing process of an Aqua Chi Ionic footbath
- Utilize the principles of Dr. Michael Galitzer’s “Outstanding Health” Wellness Education Program in Energy Medicine to experience more energy and vitality and develop a plan for achieving optimal health
  - Includes plans for targeting essential supplements for healthy balance
- Benefit from the complimentary vegan natural homeopathic and herbal formulations designed by Dr. Galitzer to support your detoxification and drainage process while at Hippocrates Health Institute
- BioImpedance testing included with educational overview by Dr. Galitzer on “How to Increase Regeneration of Normal Healthy Cells with Natural Holistic Protocols”
- Weekly Group Acupuncture Sessions to support detoxification and reduce stress
- Learn about the “Logic of Emotions and the Stress Response,” “The Transformational Power of Cancer” and “The Power of Pleasure and Love in Learned Optimism”
• Instruction in personalized stress management for managing distress patterns unique to your personality
  o Receive the results of your individualized personality pattern inventory, “The Key to Stress Profile” and Dr. Hranicky’s adaption, “The Key to Me in Getting Well”
  o Understand Dr. Taibi Kahler’s famous process communication model for more effective communication at home and work

• Use the latest in Neuroscience technology, The NuCalm® System, to shift and balance your autonomic nervous system
  o Experience deep states of relaxation, essential for healing
  o Get the results of your pre and post heart rate variability outcome testing to understand the importance of strengthening and balancing your parasympathetic nervous system
  o Vital for restoring restful sleep, improving concentration and focus, reducing fear, anxiety, and hopelessness

• Become an expert in use of visual imagery to mobilize the body’s natural healing defenses

• Resolve conflict at the soul level and develop tools to change unconscious early life decisions that may be interfering with your vibrant happiness and vitality and affecting your overall life and health

• Upgrades on 2 LTP Swedish massages during, Week 2 and Week 3
  o Reiki for Bioenergetic balance
  o Craniosacral Therapy
  o Neuromuscular Treatment
  o Lymphatic Massage to support lymph system drainage
  o Acupuncture for stress and pain relief and stimulation of the body’s healing energy, or “Chi”

• Learn educational strategies throughout the program that have been designed to give you the necessary personal power for optimizing your health and wellness

• Through daily practice in intentional Anchoring for Emotional Mastery, gain vital tools for anchoring your health

• Design a compelling destiny as a major strategy for moving towards a healthy life
**PsychoNeuroImmunology:**

PsychoNeuroImmunology (PNI) is the study of the interactions between Psychological Factors, the Central Nervous System and Immune Function as modulated by the Neuroendocrine System.

Although many theories are being tested, researchers agree on one point: The Mind is very powerful in maintaining balance of the Autonomic Nervous System both for optimal health and for maximizing recovery from chronic illness.

There is now sufficient data to conclude that suppression of the immune system by chronic stress or up-regulation of the immune system with certain holistic interventions as included in the Comprehensive Cancer Wellness Program can both lead to actual health changes.

Dr. Janet Hranicky’s pioneering work in PsychoNeuroImmunology has addressed the connection between Stress, Psychological Factors and Cancer. She has developed a world-renowned model, “The Power of the Mind in Getting Well,” which is integrated into the Comprehensive Cancer Wellness Program held exclusively at Hippocrates Health Institute in West Palm Beach, Florida.

**Integrative Functional Medicine:**

Many physicians in traditional medicine view cancer as a local disease in which a generalized illness follows. Those professionals involved in Integrative Functional and Metabolic Medicine view cancer as a generalized chronic disease of the body in which first comes the illness, and only afterwards comes the tumor.

Through the centuries, (according to the late Joseph Issels, M.D., a famous German doctor, considered by many as the “father” of Integrative Medicine and Cancer,) many physicians saw cancer as a complex disorder. Specifically, they saw cancer as a complex disorder of regulation, metabolism, and central nervous system disturbance and at the same time an inability of the body to eliminate toxins, which constantly develop, and in general, agreed that cancer was due to systemic disease.

Dr. Issels, who had tremendous success rates, thought “Whole-Body” Therapies, which included Nutrition and Detoxification, Mind-Body Medicine, and other Integrative therapies offered important causal treatment for every malignancy. He saw that Whole-Body Cancer Therapy should consist of a specific Standard Medical Treatment against the tumor while at the same time offering a causal, general treatment to restore the body’s natural defenses. Much of the confusion surrounding cancer arises from the absence of a unifying theory that can integrate the many different observations on the nature of the disease.
Cancer as a Metabolic Disease:

Thomas Syfried’s widely acclaimed book, published in 2012, “Cancer as a Metabolic Disease,” shows us that without a clear understanding of how cancer arises, it becomes difficult to form a successful strategy for effective management and prevention.

He expands upon Otto Warburg’s well-known theory that all cancers are diseases of energy metabolism involving disturbances in energy production through respiration and fermentation. Although, no specific gene mutation or chromosomal abnormality is common to all cancers, nearly all cancers express aerobic glycolysis regardless of their tissue or cellular origin. Aerobic glycolysis in cancer cells involves elevated glucose uptake with lactic acid production in the presence of oxygen.

Recent research out of Harvard University has also shown there is a clear connection between Stress, Immunometabolic Responses and Metabolic Disease.

BioEnergetic Medicine:

Orthodox Medicine frequently views health as being the absence of disease. Energy Medicine feels that disease is a condition precipitated by a toxin-filled, nutritionally deficient, and stress-dominated system, which ultimately result in changes in enzyme production and hormone production. This will in turn gradually produce a biochemical change, producing signs and symptoms. Suppressing signs and symptoms and not removing their underlying cause will allow the embers of an illness to smolder quietly, only to erupt with increased intensity at a later date.

Orthodox Medicine is based upon the treatment of symptoms, whereas Energy Medicine identifies the source of the symptoms and balances their energetic causes. Orthodox Medicine analyzes illness from a physical and chemical level.

Modern Physics has determined that matter and energy are interrelated, and that matter is a denser form of energy. Vital to the understanding of futuristic medical therapies is the view of the physical body as an energy system, composed of waveforms or oscillations at various frequencies. Consequently, imbalance and disease of the physical body is a result of disturbances in the energy field of a particular organ or system. Illness develops in a definite sequence. Initially there is dysfunction at an energetic or cellular level, an event detectable by Energy Medicine. This is followed by abnormalities on a biochemical level, detectable by blood testing. Ultimately, alterations in the tissues and organs will appear, either as x-ray abnormalities or through cytological testing. Energy Medicine addresses the cellular or energetic level, long before deeper damage takes place, and truly preventive.

Dr. Michael Galitzer, M.D., is a nationally recognized physician who specializes in Integrative Functional Medicine and BioEnergetic Medicine. His widely acclaimed new book, “Outstanding Health” provides the basis for the Educational Model he teaches in the Comprehensive Cancer Wellness Program.